

SELECT READING (pre intermediate)

Unit 1 (pages 3, 4)

Enough

Find out = discover

Design an experiment

Experiment = a scientific test

Effect of sleeplessness = things that happen when you don't get enough sleep

Science project

Stay awake

Blurry

Trouble = problem

Hallucinate

Think – thought

Imagine

Famous

Become – became

Speech = talking

Slurred

Pass a counting test

A counting test = a test of saying numbers in order

In the middle of the test

Simply = easily

Return = go back

Sleep schedule

Even though

Recover = get better

Scientists

Believe

Dangerous

Rat = mouse

Serious

Losing fur

Fur = hair

Usual

Lose – lost

Lose weight

Eventually = after some time

According to

Hold record

Lifetime

Likely

Purpose = goal

Surprisingly

Turn off # turn on

Researchers

For sure = definitely

However

In order to replenish brain cells

Replenish = renew, build

Relieve stress = remove stress

Whatever the reason

Pass through = experience

Five stages or periods

Lightly

Deep & sound sleep

Dream

Last

Pages V, 9, 19

Regular # irregular

Conduct a survey

Adults

Around the world

Midnight

Owl

Portugal – Portuguese

Taiwan – Taiwanese

Korea – Koreans

Hong Kong – Hong Kongers

Mid-day siesta

Without a break

Hurt

Unit 2 (pages 13, 14)

Homestay = a foreigner living with a local family

Wonderful = very good

Ring

Reply = answer

Instead of a ring

Worried

All alone = by myself

Stranger

Warm welcome = friendly greeting

Feel at ease = feel good

Kind = nice

Treat

Choose – chose

Reasonable fees

Reasonable # expensive

Advice

Request = ask for

Native-born = born in the country

Middle-class = not rich or poor

Subway station

Get used to

Dish = food

Fried

Steamed

Sliced

Good cook

Delicious

Together

Join

Although

Select = choose

At least # at most

Impression

Rich

Agree # disagree

Points = ideas

Interested

Realize = find

Open-minded

Pages 16, 17, 19

Traveling abroad

Make decisions = decide

Advantages # disadvantages

Sister-in-law

Arrive at the airport

Close to

Amazing crepes

Unit 3 (pages 23, 24)

Expression

Different meanings

Clear

Judge

Exciting = interesting

Hot chili pepper

Roll out the red carpet

Opening night = the first night

Award

Celebrate = have a party

Embarrassing

Spill = drop liquid by accident

Perhaps

Beet-red

With anger = angry, upset, mad

On purpose = intentionally, not by accident

Wallet = money bag

Expect

Run into = suddenly meet

Ride a boat

Seasick = feeling sick

With envy = wanting sth that sb else has

Boss

Environment = everything around you

Recycling = using things again

In fact

Solar power = energy from the sun

Roof

Probably = maybe = perhaps

Pass ... with flying colors = do very well, be successful

Pages 25, 26, 27, 29

Manager = boss = president

Break up

Rollercoaster

Customer

Accident

Makeup

Bruised = black

Yell = shout

Make a mistake

Tell a lie = tell the truth

Raise a flag

Strong

Healthy = fine

Calm

Purple

Describe

Personality

Emotions

Advertisement

Information

Magazine

Unit ε (pages ۳۳,۳۴)

Habitat

Humanity

International

Nonprofit

Organization

People in need = people needing help

Volunteer

Worldwide = around the world

Decent housing = acceptable house

Grow up – grew up

Grow up = get older from a child to an adult

Abroad= out of the country

Lead - led

Leader

Classmate

Foreign

Staff = people working together

Remind

Value of life

Appreciate

Valuable

Neighbors

Develop

Relationship = friendship

The team I led = I was responsible for the team

Affluent = wealthy = rich

Generously

Offer food

Heart

Unaccustomed

Give up = stop

Uncomfortable # comfortable

Cement floor

I was assigned to = I was sent to work in

On the site = at the place

Sense of fulfillment = feeling of accomplishment

Keep in touch = have connection, stay connected

Involve

Bring

Care about each other

Humanity

Make a difference = do sth important

Page ३४

Accustomed # unaccustomed

Comfortable # uncomfortable

Profitable # unprofitable

Wise # unwise

Important # unimportant

Helpful # unhelpful

Successful # unsuccessful

Healthy # unhealthy

Mobile # immobile

Permanent # impermanent

Possible # impossible

Mature # immature

Convenient # inconvenient

Complete # incomplete

Active # inactive

Experienced # inexperienced

Dependent # independent

Regular # irregular

Responsible # irresponsible

Replaceable # irreplaceable

Pages ३१

Traditional way

Chemicals

Pesticides

Insects

Government

Healthier

Interview

Issue

Lotions

Beauty products

Beautiful